



BirthRite

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Birthrite Mexican Bola Product Catalogue 2011



What is a Mexican Bola?

The Mexican Bola is a chime ball that was first worn by pregnant women in Mexico who learned through generations of motherhood that the soothing sound of the Bola against the tummy had a calming effect on their babies before and after birth. The beautiful relaxing sound from the Mexican Bola is produced by tiny chimes inside the pendant.

The great thing about a Mexican Bola is that not only is it a fashionable item to wear when you're pregnant but it is also stylish enough to wear around your neck when baby has grown up. It is also a beautiful keepsake to pass from the hands of loved ones, to weave your story and simply to remember

How does the Mexican Bola work?

From 18/20 weeks gestation, a baby can hear external sounds through the mother's tummy. The Mexican Bola is worn on a long necklace and placed low on the tummy where the baby is developing. The melody that the Mexican Bola produces while the mother goes about her daily life will gently relax the baby.

When the baby is born, the same sound of the Mexican Bola is said to bring them comfort and familiarity. It also makes a great nursing necklace as the baby will love to fiddle with the Mexican Bola while nursing. It also keeps the baby alert and assists effective nursing.

Much has been said about the benefits of playing music for your baby while pregnant but most people stop playing the music once baby is born. This is counter active as the main reason to play music while pregnant is so that once baby is born into the big wide world the same music/melody will be familiar and as a result calming, hence the benefits of wearing a Mexican Bola.



Dimensions of the Mexican Bola

Each bola varies in size between 20mm and 26mm in diameter depending on the shape. Most Mexican Bolas are round but you do get heart shaped or egg shaped Mexican Bolas.

MEXICAN BOLAS

Product	Details	Price
	20mm Silver Plated Mexican Bola	R225.00
	26mm Silver Plated Mexican Bola	R250.00
	Silver Plated Egg Mexican Bola	R290.00
	Silver Plated Heart Mexican Bola	R290.00
	Silver Plated Feet Mexican Bola	R250.00
	Silver Plated Baby Face Mexican Bola	R250.00
	Silver Plated Small Hearts Mexican Bola	R250.00
	Silver Plated Question Mark Mexican Bola	R250.00
	Silver Plated Dolphin Mexican Bola	R250.00

MEXICAN BOLAS

Product	Details	Price
	Green Spiral Lines Mexican Bola	R310.00
	Fuschia Mexican Bola	R310.00
	White with circles Mexican Bola	R310.00
	Purple Pink Spiral Mexican Bola	R310.00
	Red Orange Spiral Mexican Bola	R310.00
	Dark Blue with Lines Mexican Bola	R310.00
	Pearl Flower Mexican Bola	R310.00